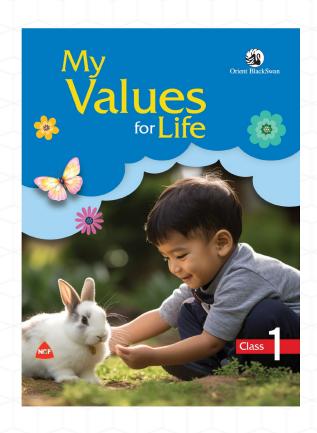
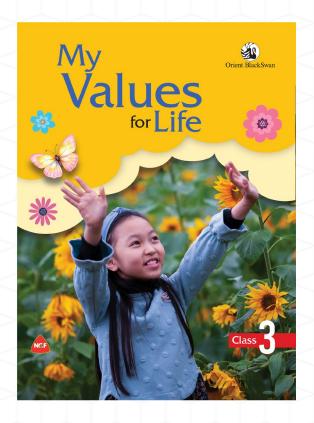
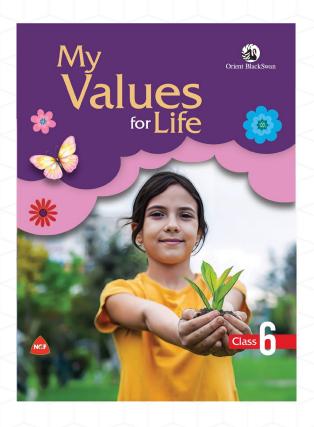
My Values for Life







PRODUCT PRESENTATION

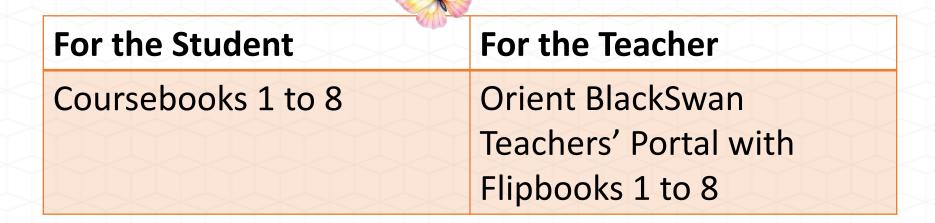


THE SERIES

My Values for Life is a new series of books covering values, dispositions and life skills in a current, enjoyable and age-appropriate manner. It is guided by the NEP and the NCF, with special emphasis on health and wellness as well as citizenship skills.



THE PACKAGE







KEY FEATURES

- 1. Aligned to the NEP and the NCF
- 2. Range of values and life skills
- 3. Range of reading formats
- 4. Activities across each book

- 5. Focus on health and wellness
- 6. Emphasis on citizenship skills
- 7. Teacher notes across each book
- 8. Answer Key in each book; two Question Papers in each book (classes 3 to 8)



Each lesson begins with the Me and Myself section, which presents the main value or life skill.

It then moves to Me and My Wellness, which covers the broader context of health and wellbeing.

Finally, the Me and My World section widens awareness and engagement by helping the learners to apply the values and life skills in their homes, schools and beyond.



Values, Dispositions, Life Skills—a panoramic coverage

Me and Myself (focusing on the main value or life skill for a unit)

Me and My Wellness
(looking at health and wellbeing of the learner)

Me and My World
(applying the values and life skills in real life)

"...developing Values and Dispositions is critical to attaining the Aims of Education." — NCF

"Developing skills and practices that enable students to lead a healthy life is one of the important Aims." — NCF

"...producing engaged, productive, and contributing citizens for building an equitable, inclusive, and plural society as envisaged by our Constitution." — NEP



THANK YOU

