

HOW WE CHANGE

Learning outcomes

By the end of this chapter, you will be able to:

- explain the meaning of change
- recognise that changes take place in and around you (in plants, animals and in things around you)

Session plan at a glance

Session plan at a glance	
Session 1	Session 2
<ul style="list-style-type: none"> ● Helping students complete the Dive in activity ● Reading out the story to students 	<ul style="list-style-type: none"> ● Reading out the story to students ● Asking questions based on the story and eliciting responses from students ● Giving instructions for Activity time to be completed at home and brought to class for the next session.
Session 3	Session 4
<ul style="list-style-type: none"> ● Discuss Activity time as completed by students from home. Reading out and explaining the information in the ANTENNAE box and encouraging them to answer the question at its end. 	<ul style="list-style-type: none"> ● Helping students attempt the exercises under Reflect and learn and Picture-based question. Explaining the instructions for the Show and tell activity under Do and Learn to be done in class in the following session
Sessions 5	Session 6
<ul style="list-style-type: none"> ● Conducting the Show and tell activity in class ● Explaining what is to be done for A Step Further, that is to be completed in the next session. 	<ul style="list-style-type: none"> ● Encouraging students to share their findings for A step further
Sessions 7	
<ul style="list-style-type: none"> ● Guiding students to complete the worksheet. 	

Teaching Guidelines:

Session 1

- Instruct students to carefully observe the two pictures given in the **Dive in** box and attempt the question given. (*Suggested answers:* When Raj was just a baby, he had very little hair, wore a nappy, and drank milk from a feeder/feeding bottle; Now Raj wears different clothes, has more hair, can sit at a table and eat different kinds of food on his own.)
- Begin reading the picture story to students. Use the **Keywords** given at the end of the chapter to explain the meaning of new words.
- Help students relate their own experiences to the happenings in the story. Ask students these questions and elicit responses from them: Why do you not fit into clothes that you bought some years before? What do you do with the clothes and toys that you do not use anymore?
- Explain that it is a good idea to give away the things we do not need to people who need them.
- Explain the instructions for **Activity time**, which is to be completed as a home assignment. Instruct them to share their findings with you in the next session.

Session 2

- Continue reading out the story.
- Help students relate their own experiences to the situations in the story. Ask them these questions: Are there babies in your family? Do small babies have teeth? Have you seen their clothes? Are they big or small? Do babies stay small or do they grow? What are some changes that we see in babies as they grow?
- Help students analyse Raj's behaviour towards his cousin. Elicit answers to these questions: Is Raj happy to have Asha at home? How can you tell that Raj is happy? How does Raj help his family when Asha comes home? Will you be happy if a baby comes into your family?
- Explain the information given in the in the **ANT-BYTES** box.
- Ask students: Do you know that you too were babies some years ago? Have you seen pictures of yourselves when you were smaller?

Session 3

- Read out the information in the **Antennae** box and encourage students to think and answer the question at its end.

Session 4

- Guide students to attempt and complete the exercises in **Reflect and Learn**. Encourage them to complete the **Picture-based questions** (You may refer to the answers given in the Students' Book Answer Key that follows this lesson plan.)
- Explain the instructions for the **Show and tell** activity given under **Do and learn**. Tell them that you will conduct the activity in the next session.

Sessions 5

- Conduct the **Show and tell** activity in class. Ensure that all students participate in the activity.

Sessions 6

- Provide instructions to students as to how complete the activity in **A step further**.
- Guide students in completing the worksheet given for this chapter.

Sessions 7

- Share and discuss the findings of the students for **A step further**.

QUESTION BANK WITH ANSWER KEY

How We Change

I. Fill in the blanks.

1. To change means to become _____.
2. We _____ as we grow older, taller and stronger.

Ans: 1. different 2. change

STUDENTS' BOOK ANSWER KEY

How We Change

I. *Answers vary. Free response*

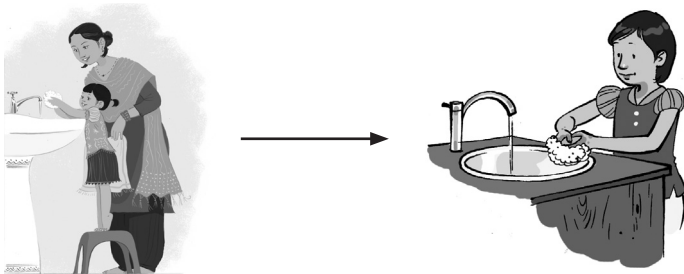
- #### II.
1. The girl's hair has been cut shorter.
 2. The girl now has fewer teeth.
 3. The boy has grown taller.

III. B, D, A, C

HOW WE CHANGE

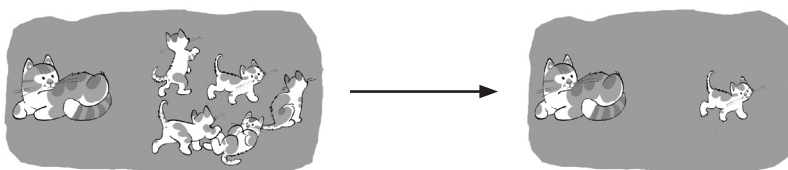
A. What kind of changes have taken place in the following pictures? Tick the correct answer.

1.



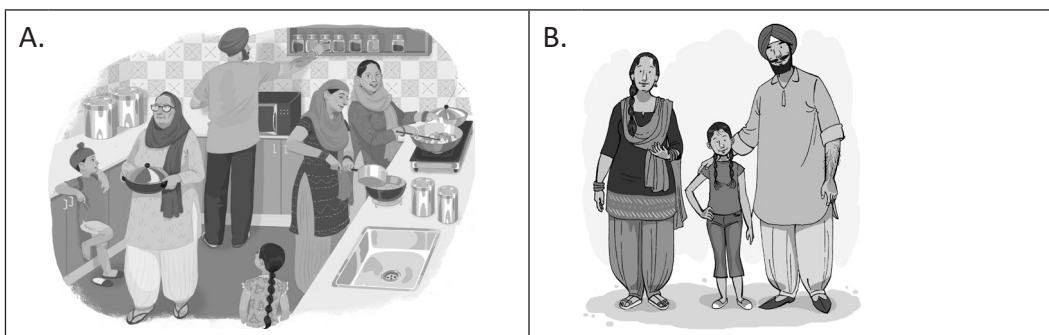
Anna has changed and become taller/ shorter.

2.



The cat family has changed and become bigger/ smaller.

B. Look at the pictures, count and fill in the blanks.



1. In picture **A**, there are _____ people in Amrit's family.

2. In picture **B**, there are _____ people in Amrit's family.

3. Amrit's family is bigger in Picture _____ .

C. Fill in the blanks.

1. To change means to become _____ .

2. We change as we learn new things at _____ and at _____ .

Answer Key to the Worksheet

How We Change

- A. 1. taller 2. smaller
- B. 1. Six/6 2. Three/3 3. A
- C. 1. different 2. home, school